A union activist since 2023, I continue to be passionate about union activism through regional and building-wide union engagement. Having worked in other organizations with a union presence, I am an advocate for union education and knowledge amongst colleagues. I continue to support ground-level initiatives to inform colleagues about the union and what supports are available. My first union event was the 2023 CEIU Convention and I was recently voted to represent my local and the 2026 CEIU convention as a delegate . As an active member of the BC/YT Regional Executive Council (REC), I routinely attend meetings and am an active participant in union business when able. Through my involvement with the REC, I also sit on the Bylaws Committee and have been a key part of cleaning up the language in Regional reference materials. I have expanded my union engagement and activism through my workplace Health and Safety Committee, completed various union education courses to assist people better, and have also attended several PSAC Young Worker meetings and events. Having attended many PSAC and component conferences over the last three years, I also have a strong idea of what issues and resolutions are valued most. Remote work, mental health, and staffing are key issues I hope to discuss with other delegates at Convention. I will always continue to listen to peoples concerns and use my union knowledge to help wherever I can. As a delegate at the 2027 PSAC Convention, I would be a good spokesperson for staff from my component.